

2012 Dates to  
be announced in  
the New Year

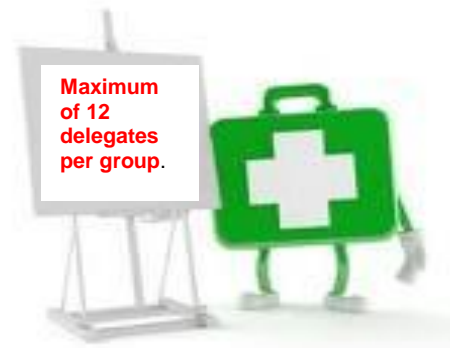
MILLTECH

## 1 DAY EMERGENCY FIRST AID AT WORK COURSE

at Milltech Training Centre, Toward Road, Sunderland

The first aid course is designed to train delegates in the basic skills required for emergency first aid. Delegates will receive training in the following areas:

- Health and safety (first aid) regulations
- Managing an incident
- The priorities of first aid
- Treatment of an unconscious casualty
- Recovery Position
- Top to Toe checks of a casualty
- Resuscitation
- Control of Bleeding
- Bandaging
- Shock
- Common workplace injuries.
- First Aid Boxes
- Identifying and dealing with a variety of fractures



**On successful complete completion of the course, delegates will be awarded a Level 2 Certificate in Emergency First Aid, a first aid qualified identification card, twelve months membership of the Association of First Aiders (AoFA) and an AoFA certificate to demonstrate their achievement.**

### Course Tutor/Facilitator:

The course tutor/facilitator is Mark Clelland who is a Director with Cool Blue Training. He is an experienced and qualified trainer with professional qualifications, including a PGCE, NEBOSH and an MBA. He is currently working towards a Doctorate in Business Administration (DBA). Mark has many years of experience in senior management and business planning roles. Mark's delivery style is interactive and inclusive.

### Course Fees <sup>(inc VAT)</sup>

£75

*Prices include lunch and refreshments*

Telephone Beth on 0191 5100414, or email [info@milltech-ltd.co.uk](mailto:info@milltech-ltd.co.uk) or go to our website [www.milltechtraining.co.uk](http://www.milltechtraining.co.uk) for details on how to book a place on the course.