



1 DAY EMERGENCY FIRST AID AT WORK COURSE 9th November 2011 at Milltech Training Centre, Toward Road, Sunderland 9.30am – 4pm.

The first aid course is designed to train delegates in the basic skills required for emergency first aid. Delegates will receive training in the following areas:

- ☉ Health and safety (first aid) regulations
- ☉ Managing an incident
- ☉ The priorities of first aid
- ☉ Treatment of an unconscious casualty
- ☉ Recovery Position
- ☉ Top to Toe checks of a casualty
- ☉ Resuscitation
- ☉ Control of Bleeding
- ☉ Bandaging
- ☉ Shock
- ☉ Common workplace injuries.
- ☉ First Aid Boxes
- ☉ Identifying and dealing with a variety of fractures



On successful complete completion of the course, delegates will be awarded a Level 2 Certificate in Emergency First Aid, a first aid qualified identification card, twelve months membership of the Association of First Aiders (AoFA) and an AoFA certificate to demonstrate their achievement.

Course Tutor/Facilitator:

The course tutor/facilitator is Mark Clelland who is a Director with Cool Blue Training. He is an experienced and qualified trainer with professional qualifications, including a PGCE, NEBOSH and an MBA. He is currently working towards a Doctorate in Business Administration (DBA). Mark has many years of experience in senior management and business planning roles. Mark's delivery style is interactive and inclusive.

Course Fees ^(inc VAT)

£75

Prices include lunch and refreshments

Telephone Beth on 0191 5100414, or email info@milltech-ltd.co.uk or go to our website www.milltechtraining.co.uk for details on how to book a place on the course.